

Cache Valley Sun-N-Snow Runners 2010 Race Schedule

All pre-registration for all races can be done at Al's Sporting Goods. These races are marked with an (*). Al's Sporti Goods 435-752-5151 (JC Bush).

Event	Distance	Date	Time	Director/ Phone #(435)
Freeze your Buns (*)	5K	2/20/10	9:00 AM	Missy Perkes 787-8524
Shamrock Shuffle (*)	5K & 1 M	3/13/10	10:00 AM	Missy Perkes 787-8524
Run for your Life!	5K	4/10/10	9:00AM	Holly Anderson
Providence Family FUN run	1M & 5K, 10K	4/17/10	8:00 AM	Alean Hunt 750-0191
CAPSA "Run From Violence"	5K and 1 Mile Walk	4/17/10	10:00AM	Amy Nielson 753-2500
Run for the Red	5K and 1 Mile	4/24/10	9:00AM	Doug Ringle 752-1125
Race Against Child Abuse	5K, 10K & 1 Mile	5/01/10	9:30 AM	Leigh Dean 563-4784
Pleasant View Family Run	5k & 1 Mile (walk)	5/08/10	8:00 AM	Kim Folkman 801 391-0179
Smithfield Health Days (*)	5K & 10K	5/08/10	7:30 AM	Kris Monson 563-0337
Race for Ability	5k	5/15/10	8:00 AM	Meg Hawks 713-0288
Duathlon	2m Run 12mBike 2m Run	5/22/10	9:00 AM	Yolanda Bates 245-7962
Cache Valley Biathlon (*)	5M Run/ 16.5 Bike	6/12/10	8:00 AM	Craig Curtiss
Olympic & Sprint Triathlon	TriUtah.com	6/12/10	8:00 AM	Rachel Robinson
Gunsight Gallop (*)	3 M & 1M Kids	6/19/10	8:00 AM	Dan Cooper 563-3519
Logan Peak Trail Run	28 Miles	6/28/10	6:00 AM	Bruce Copeland 752-8995
Blacksmith Fork				
Freedom Run (*)	15K	7/03/10	7:00 AM	Brian Hunt
CV Super Sprint Triathlon	500M/12.5B/5k R	7/01/10	7:00 AM	Jolene Overy 713-0514
This is the Race	5K & 1M	7/24/10	7:00 AM	Hyde Park 563-6507
Last Chance Sprint Triathlon	500Y/12.5B/5k R	8/07/10	7:00 AM	Dan Smith 753-7500
Race for Life	5K & 2M	8/07/10	7:30 AM	Tom Remkes 801-629-9891
TOU/2				
Half Marathon (*)	13.1	8/28/10	7:00 AM	Kris Siddoway 764-2969
Wellsville Founders Day (*)	5K & 10K	9/06/10	7:00 AM	Wellsville City 245-3686
TOU Marathon (*)	26.2	9/18/10	7:00 AM	Bob Henke 753-3064
Bear 100 Ultra	100 M	9/24/10	5:00 AM	Leland Barker 563-3647
Duathlon	2m Run 12mBike 2m Run	9/25/10	7:00 AM	Yolanda Bates 245-7962
Ringers and Runners	1 mile & 5K	10/9/10	9:00 AM	Todd Hugie 753-7427
Trick or Treat Trot Race	10K, 5K, 1 Mile	10/30/10	10:00 AM	Leigh Dean 435-752-8880
First Dam Run	5K & 10 K	11/06/10	10:00 AM	Keith Grant-Davie 755-9543
Turkey Trot	5K & 1 Mile	11/20/10	10:00 AM	Smithfield City 563-0048

Sun-N Snow Runners Club Officers:

Jeff McMurdie	(435) 753-4903
Kris Siddoway	(435) 787-1054
Todd Hugie	(435) 753-7427
Bob Henke	(435) 753-3064
Heather Housley	(435) 563-3823
Keith Grant-Davie	(435) 755-9543
Missy Perkes	(435) 787-8524
Barbara Corcoran	(435) 512-2672
Dave Burton	(435) 752-5905
Brian Hunt	(435) 757-6902